



LABOR & DELIVERY SKILLS CHECKLIST

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This checklist is for assessing your experience in specific clinical areas. It will not be a determining factor in accepting your application to become an employee of Trusted Nurse Staffing LLC.

Date:	SSN:
First:	Last:
Email:	Phone:

LEVEL OF PROFICIENCY

A = Theory, no practice

B = Minimal Experience

C = 1-2 Years Experience

D = 2+ Years of Experience

MEDS/ IV THERAPY

Administer PO Medications	A	B	C	D
Administer IM & SQ Meds	A	B	C	D
Peripheral IV Insertion	A	B	C	D
Administer IV Medications	A	B	C	D
Mix IV Infusion w/ Additives	A	B	C	D
Use of Heparin/Saline Locks	A	B	C	D
Needle-less Systems	A	B	C	D
Administer/Monitor IV Infusions:	A	B	C	D
-Oxytocin induction/augmentation	A	B	C	D
-Magnesium Sulfate Therapy	A	B	C	D
-Labor Suppressants -Ritordine	A	B	C	D
-Antibiotics	A	B	C	D
-Heparin	A	B	C	D
Discontinue Peripheral IVs	A	B	C	D
Administer Blood	A	B	C	D
Administer Blood Products	A	B	C	D
Draw Blood for Lab Studies	A	B	C	D
Vital Sign Monitoring	A	B	C	D
Pulse Oximetry:				
-Setup	A	B	C	D
-Monitoring	A	B	C	D

INTRAPARTUM PHASE

Contraction Characteristics	A	B	C	D
Determine Fetal Position	A	B	C	D
Status of Membranes	A	B	C	D
Fetoscope	A	B	C	D
Doppler Ultrasound	A	B	C	D
External Monitor:				
-Tocotransducer	A	B	C	D
-Ultrasound	A	B	C	D
-Phono	A	B	C	D
-Abdominal ECG Transducer	A	B	C	D
Internal Monitor	A	B	C	D
Variability/Reactivity	A	B	C	D
Decelerations-Early,Late,Variable	A	B	C	D
Pelvimetry	A	B	C	D
Assessment for Deep Reflexes	A	B	C	D
Assessment for Clonus	A	B	C	D
Intake and Output	A	B	C	D
Assessment for Edema	A	B	C	D
Insert Straight/Foley Catheter	A	B	C	D
Bedside Clinical Testing:				
-Urine Dipstick	A	B	C	D
-Blood Glucose Monitoring	A	B	C	D

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ANTE/INTRAPARTUM Care of:

Pregnancy-induced HTN	A	B	C	D
Preeclampsia & Eclampsia	A	B	C	D
Multiple Gestation	A	B	C	D
Placenta Previa	A	B	C	D
Abruptio Placenta	A	B	C	D
Malpresentations	A	B	C	D
Premature Labor	A	B	C	D
Diabetes Mellitus	A	B	C	D
Cardiac Disease	A	B	C	D
Asthma	A	B	C	D
Infectious Disease	A	B	C	D
Hemorrhage	A	B	C	D
Pyelonephritis	A	B	C	D
Cystitis	A	B	C	D
Sickle Cell Disease	A	B	C	D
Rh Incompatibilities	A	B	C	D
Oxytocin Challenge Test	A	B	C	D

Interventions During Labor

Provide Physical Comfort				
Measures and Emotional Support	A	B	C	D
Coach Psycholprophylactic Breathing & Relaxation Tech.	A	B	C	D
Support, Guide, Labor Coach PRN	A	B	C	D
Change Woman's Position PRN	A	B	C	D
Perineal Prep	A	B	C	D
Provide Care & Monitor After Rupture of Membranes	A	B	C	D

Aseptic Technique Relative to L & D

Set up a Delivery Table	A	B	C	D
Set up a Caesarean Section Table	A	B	C	D
Scrub for a Caesarean Section	A	B	C	D
Circulate/Scrub for a Postpartum				
Tubal Ligation	A	B	C	D
Assist with an AROM (Artificial Rupture of Membranes) Procedure	A	B	C	D
Assist with Placement of Fetal Scalp Electrodes for Internal Monitoring	A	B	C	D
Assist with Fetal Scalp Blood Sampling	A	B	C	D
Assist with Placement of Intrauterine Pressure Cath for Internal Monitoring	A	B	C	D
Perform a Vaginal Exam-Assess Dilation, Effacement, Station & Presentation	A	B	C	D

Interventions During Delivery

Spontaneous Vaginal Delivery	A	B	C	D
Forceps Vaginal Delivery	A	B	C	D
Cesarean Section	A	B	C	D
Labor Room Delivery	A	B	C	D
General Anesthesia Monitoring	A	B	C	D
Epidural Anesthesia Monitoring	A	B	C	D
Spinal Anesthesia Monitoring	A	B	C	D
Local Infiltration (Preparation)	A	B	C	D
Immediate Care of Infant Post-birth (Suction & Weigh Infant)	A	B	C	D
Physically Examine Newborn (Anomalies, Respiratory Status)	A	B	C	D
Perform Cardiopulmonary Resuscitation: Adult (Assist w/ Intubation, Drugs, Defib)	A	B	C	D
Infant (Assist Intubation, Umbilical Artery Cath Insertion, Drugs)	A	B	C	D
Identify Infant Using Bracelet, Footprints, and Mother's Bands	A	B	C	D
Eye Prophylaxis	A	B	C	D
Collect Cord Blood Samples	A	B	C	D

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POSTPARTUM PHASE

Postpartum Assessment	A	B	C	D
Fundus Consistency/Location	A	B	C	D
Initiate Fundal Massage PRN	A	B	C	D
Lochia	A	B	C	D
Bladder Distention	A	B	C	D
Insert Straight/Foley Catheter	A	B	C	D
Provide/Instruct Perineal Care	A	B	C	D
Episiotomy Care	A	B	C	D
Apply Ice to Perineum	A	B	C	D
C-section Incision Care	A	B	C	D
Assess Homan's Sign	A	B	C	D

POSTPARTUM PHASE

Manage Postpartum Pain	A	B	C	D
Initiate Post-anesthesia Care:	A	B	C	D
- Spinal	A	B	C	D
- Epidural	A	B	C	D
- General	A	B	C	D
RhoGam Administration	A	B	C	D
Rubella Vaccine	A	B	C	D

PARENT/INFANT BOND

Foster Parent/Infant Bonding	A	B	C	D
Assist/Instruct Breastfeeding	A	B	C	D
Assist/Instruct Bottlefeeding	A	B	C	D
Discharge Teaching	A	B	C	D

Experience with Age Groups:

- * Able to adapt care to incorporate normal growth and development.
- * Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.
- * Can ensure a safe environment reflecting specific needs of various age groups.

Newborn (birth-30 days)	A	B	C	D	Adolescents (12 - 18 years)	A	B	C	D
Infant (30 days - 1 year)	A	B	C	D	Young Adults (18 - 39 years)	A	B	C	D
Toddler (1 - 3 years)	A	B	C	D	Middle Adults (39 - 64 years)	A	B	C	D
Preschooler (3 - 5 years)	A	B	C	D	Older Adults (64+ years)	A	B	C	D
School Age (5 - 12 years)	A	B	C	D					

Other special skills/training (explain):

I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize the Company to release this L&D Skills Checklist to the Client facilities in relation to consideration of employment with those facilities.

 Applicant Signature and Date

 Agency Signature and Date